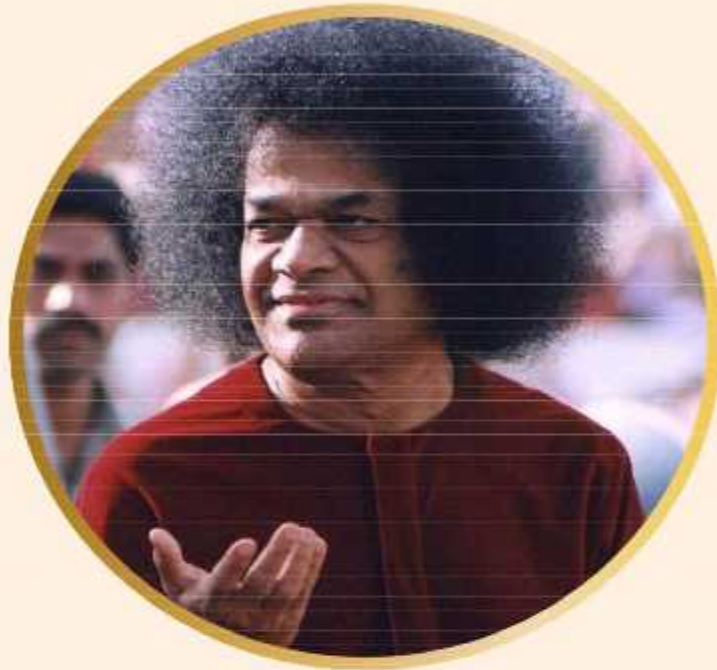


*Aum Sri Sai Ram*

# Atmodbhava



**SRI SATHYA SAI  
NATIONAL COUNCIL  
FOR SCHOOLS**



To be educated is to have pure feelings;  
Learning is to have balanced qualities.  
To have natural feelings is to be balanced.  
One with a good conduct is a human.  
This is the true aim of Education.

- Bhagawan Sri Sathya Sai Baba

## A brief note by the Convener

Sairam!

What a Divine getaway the Pilgrimage was!

Close to 2400 students, the management and staff together from the schools registered with Sri Sathya Sai National Council for Schools, carved a mesmerising cultural offering of Love at the Divine Lotus Feet on the 30<sup>th</sup> and 31<sup>st</sup> of August 2025, during their pilgrimage to Prashanthi Nilayam. The offering was specially organised marking the centenary celebrations of Bhagawan Sri Sathya Sai Baba.

The Sri Sathya Sai system of integral education aims at the physical, mental, emotional, intellectual and spiritual development of every student. The colourful dances and presentations performed by the children weaved an ancient tradition of universal love and devotion towards the Lord.

Glory to Bhagawan for His ever loving grace that brings us together to be instrumental in planning festive celebrations. Our special thanks to Sri R.J. Ratnakar for his constant support in promoting the move of SSSNCS. We owe our gratitude to all the members of the Sri Sathya Sai Central Trust, the All India President of Sri Sathya Sai Seva Organisations, Sri Nimish Pandya and the founding father of academic excellence, Dr. B.G. Pitre and the team members of SSSNCS who all lent their constant effort and encouragement which made SSSNCS reach new heights.

With gratitude and salutations to Bhagawan  
Tribhuvan Sachdeva  
Convener  
Sri Sathya Sai National Council for Schools

Aum Sri Sairam

## Editor's Message...

Loving salutations at the Divine Lotus Feet of Bhagawan Sri Sathya Sai Baba.

As a guiding lighthouse for mankind, Bhagawan crafted a legacy that endowed His educational institutions with a multi cultural character and strong academic excellence. Swami's teachings ushered in a remarkable manner that unlocked boundless potential in children.

Experiential learning automatically progresses in students when they participate in varied cultural and sport activities which widen and strengthen the footprints of Sai Educare.

Performance at its perfection is played in the forefront by young students while scores of hands and minds worked in the background. This is a wonderful blend of the skills of people, life and devotion that reverberates throughout. The cultural programmes during the pilgrimage of Sai School Students made everyone immerse themselves in the unparalleled charm of the celebration marking hundred years of Bhagawan's life and message. Deeply woven into the fabric of Sai culture, students across the nation gratefully thanked Bhagawan who illuminated their lives with His love and guidance. Can there be a greater opportunity for these little ones to be a part of the centenary celebrations in the Divine abode itself while the Prime Minister himself was moved with emotion seeing scores of children welcoming him at the holy gathering.

Glory to Sai, our Lord  
Respectful Sairams  
Kausalya Ayyagari

**“Strengthening Sathya Sai Schools : Embracing Sai Philosophy”****A Sacred Pilgrimage of Sai Students - A Journey of Gratitude and Inspiration  
Sri Sathya Sai National Council for Schools****Day 1 - Morning | August 30, 2025**

With the divine blessings of Bhagawan Sri Sathya Sai Baba, Prasanthi Nilayam witnessed a momentous pilgrimage of over 2400 children and academic staff from 103 Sri Sathya Sai Schools registered under the SSSNCS, spread across the length and breadth of the nation. This two-day sacred offering is a glowing testimony to Bhagawan’s eternal mission of moulding young hearts into noble citizens, through an education that harmonises knowledge with values. All these institutions, lovingly nurtured under the aegis of the Sri Sathya Sai National Council for Schools (SSSNCS), are ably supported by the Sri Sathya Sai Central Trust and the Sri Sathya Sai Seva Organisations, India.

With the guidance of seasoned educators, the Council strives to build an exemplary educational ecosystem deeply rooted in Indian culture and spirituality. It aspires to present to the world an ideal model of education – one that not only imparts learning but also inspires the living of values, thereby creating a profound and lasting impact on society.

The morning proceedings of day 1 – August 30, 2025, began on an auspicious note with soulful Vedic chants by the boys from Sri Sathya Sai Gurukula Vidya Niketana, Bejjanki, Telangana. What followed was a vibrant and colourful procession on the band, led by the boys of Sri Sathya Sai Vidya Vihar, Visakhapatnam, who rendered melodious bhajans and the specially composed Centenary Theme Song. Sai school children along with their school principals from across the states, gracefully dressed in the traditional attire of their respective cultures, marched forward in disciplined rows, offering their humble pranams to their Divine Guru.

## Atmodbhava

A series of cultural offerings then filled Sai Kulwant Hall with devotion and joy. The girls from Sri Sathya Sai School, Surat, presented a graceful Garba performance, while the boys from Sri Sathya Sai Jagriti Vidya Mandir, Darwa, Haryana, electrified the atmosphere with a spirited Bhangra dance. Following this soulful procession, the revered trustees and functionaries lit the ceremonial lamp and released a special compendium titled 'Atmodbhava', marking the occasion with sanctity and purpose. The morning continued with a beautiful welcome dance by the girls from Sri Sathya Sai Vidya Vihar, Hyderabad, who offered their devotion through the song 'Satavasant Sundara'.

Addressing the assembly, Mr. Umesh Dang, Co-Convener of SSSNCS, expressed how truly blessed the students and staff were to be in Prasanthi Nilayam during this sacred Centenary Year, offering their collective gratitude at Bhagawan's lotus feet. Following this, Mr. Tribhuvan Sachdeva, Convener of SSSNCS, elaborated on the noble vision of strengthening Sai Schools, anchoring them firmly in the path of Educare as envisioned by Bhagawan. This pilgrimage of love and learning thus stood as a shining example of the seeds Swami has sown in the field of education – seeds that continue to blossom into fragrant flowers of character, service, and devotion.



The revered trustees and functionaries lit the ceremonial lamp



Vedic chants by the boys from Sri Sathya Sai Gurukula Vidya Niketan, Bejjanki, Telangana



Boys band of Sri Sathya Sai Vidya Vihar, Visakhapatnam



Children from across states, gracefully dressed in the traditional attire of their respective cultures, marched forward in disciplined rows, offering their humble pranams to their Divine Guru



The revered trustees and functionaries released the bi-annual newsletter 'Atmodbhava'



Welcome dance by the girls from Sri Sathya Sai Vidya Vihar High School, Hyderabad



Garba performance by girls from Sri Sathya Sai School, Surat, Gujarat



Bhangra Dance by Sri Sathya Sai Jagriti Vidya Mandir, Darwa, Haryana



Boys from various Sai Schools across India

**Day 1 - Evening | August 30, 2025**

On the blessed occasion of their two-day pilgrimage to Prasanthi Nilayam, the children from Sri Sathya Sai Schools filled the holy premises with joy and devotion through their graceful dance presentations. The girls from Sri Sathya Sai Vidya Vihar, Parlakhemundi, Gajapati, Odisha, offered a vibrant dance performance titled 'Swagatam Krishna'. With expressive abhinaya and synchronised movements, they brought alive the enchanting leelas of Lord Krishna - from His playful childhood to the grandeur of the Dasavatara. Their presentation, rich in colour and devotion, was a visual treat that immersed the gathering in divine delight.



'Swagatam Krishna' dance performance by girls from Sri Sathya Sai Vidya Vihar, Parlakhemundi, Gajapati, Odisha

The boys from Prashanthi Vidya Kendra, Kasaragod, Bayar, Karnataka, offered 'Sri Sai Namana', a devotional dance presentation that beautifully depicted the Mahavakyas of Bhagawan and His life-transforming teachings. With deep reverence, they portrayed Swami's divine message of love, service, and selflessness, reminding everyone of the guiding principles that He has set forth for mankind. Both offerings stood as shining examples of how children, nurtured in Sai institutions, are not only excelling in academics but also imbibing values and expressing them through art and culture.



The boys from Prashanthi Vidya Kendra, Kasaragod, Bayar, Karnataka, offered 'Sri Sai Namana', a devotional dance presentation

## DAY 2 – Morning | August 31, 2025

A vibrant celebration of devotion and talent blossomed, as children from various Sri Sathya Sai Schools, who were there on a two-day sacred pilgrimage, offered their heartfelt cultural presentations at Bhagawan's Lotus Feet. The programme began on a highly sanctifying note with the girls from Sri Sai Matriculation Higher Secondary School, Tirupur, and Sri Sathya Sai Matriculation Higher Secondary School, Erode, Tamil Nadu resonating the hall with soul-elevating Vedic chants, filling the atmosphere with purity and serenity.

Followed was a musical feast – a delightful and seamless ensemble of instruments presented by the students of Sri Sathya Sai Vidya Vihar, GAIL, Vijaipur, Madhya Pradesh. Aptly titled 'Sai Symphony', the children poured their hearts into a devotional instrumental performance that lifted the spirits of the gathering, harmonising rhythm, melody, and devotion into a single offering.



Vedic chants by the girls from Sri Sai Matriculation Higher Secondary School, Tirupur



Musical feast presented by the students of Sri Sathya Sai Vidya Vihar, GAIL, Vijaipur, Madhya Pradesh

The stage then came alive with the dance drama, 'Jaladhara', presented by students of Sri Sathya Sai Vidya Vihar, Macherla, Andhra Pradesh. With powerful expressions and thought-provoking narration, the children brought to the forefront the importance of conserving water, highlighting mankind's misuse and abuse of this most precious gift of Nature, and driving home the message of responsibility towards creation.

Indeed, each performance was not just a display of skill, but a reflection of values deeply instilled by the Sai educational system – where learning is harmoniously blended with character building and devotion. The children, through their sincerity, discipline, and creativity, reminded everyone present there of Bhagawan's message that true education is that which refines the heart and elevates the soul.



Dance drama – Jaladhara, by Sri Sathya Sai Vidya Vihar,  
Macherla, Andhra Pradesh

The morning's offering concluded with a soulful Ramakatha rendition by the children of Darjeeling Montessori House of Children, Darjeeling, West Bengal. Their presentation titled 'Reminiscing our Mother and Father' was steeped in devotion, rekindling in every heart the timeless message of reverence and gratitude towards one's parents – the very first Gods on Earth.



'Ramakatha' by Darjeeling Montessori House of Children,  
Darjeeling, West Bengal

Following the morning session at Kulwant Hall, students and staff of the schools that attended the pilgrimage assembled in the Poornachandra Auditorium where they were lovingly addressed by the Managing Trustee, Sri R.J. Ratnakar and other members of Sri Sathya Sai Central Trust.

## Concluding Session

### Cultural Offerings by the Students from Sri Sathya Sai Schools

Day 2 – Evening | August 31, 2025

With the Divine blessings of Bhagawan Sri Sathya Sai Baba, the two-day pilgrimage of Sri Sathya Sai Schools across India concluded their pilgrimage event at Prasanthi Nilayam on a note of joy, inspiration, and deep spiritual fulfilment. During their sacred trip, the young torchbearers of Swami's mission have beautifully expressed their learning and values through a variety of cultural programs nurtured in these unique temples of learning, where the curriculum is centred on Love and Service.

The concluding session featured two memorable presentations: 'Hrudyeshwara Saieeshwara' by the students of Sri Sathya Sai Institute of Educare, Chennai, Tamil Nadu. Through a powerful drama, they portrayed the transformation of two indisciplined brothers who, upon entering a Sai hostel are transformed by the love, guidance, and values imparted by their mentor, a Sai student following Bhagawan's teachings. The presentation was a touching reminder that service is the highest expression of love and that values instilled with affection can melt even the hardest of hearts.



'Hrudyeshwara Saieeshwara' by the students of Sri Sathya Sai Institute of Educare, Chennai, Tamil Nadu

This was followed by a devotional and colourful dance drama, 'Sri Sathya Sai Katha', by the girls of Sri Sathya Sai Vidya Vihar, New Delhi. Through graceful movements and devotional fervour, they narrated the life, miracles, and divine mission of Bhagawan, reaffirming His timeless message of love, service, and unity. The concluding session thus became a holistic experience - a blend of personal transformation, divine narratives, and collective prayer. It stood as a testament to the eternal truth that education rooted in love and service leads to individual transformation and, ultimately, societal upliftment.



Vibrant and colourful dance drama, 'Sri Sathya Sai Katha',  
by the girls of Sri Sathya Sai Vidya Vihar, New Delhi

*With utmost gratitude and humble pranams at the Divine Lotus Feet of Bhagawan Sri Sathya Sai Baba, the pilgrimage turned into a treasure house of memories and experiences.*

## Noble gesture by a Sai student

We are delighted to share a heart-warming gesture by one of the alumnae of Sri Sathya Sai Vidya Vihar, Macherla, Andhra Pradesh. Ms. Mani Chandana, from the 2nd batch of Class X, has lovingly donated her entire first salary of Rs 42,321 to her Alma Mater as an offering of gratitude.

She has recently joined the State Bank of India after successfully clearing the recruitment process. Her noble act reflects the deep values and principles instilled through Sri Sathya Sai Education, where gratitude and selflessness form the essence of character building.

We deeply appreciate her exemplary gesture and consider it a shining testimony to the ideals nurtured in our Sathya Sai Schools. Credit also goes to the school, the principal and its dedicated teachers for instilling in her the right human values and a deep sense of love and gratitude towards the school.

May Bhagawan's blessings ever be with her as she continues her journey with dedication and humility. We congratulate her and wish her every success in her professional and personal life.

(As shared by the school Principal, Mrs. Rama Devi)



**Sri Sathya Sai National Council for Schools**  
**An update on the ongoing Guidance Programme**

“Coming together is a beginning,  
 Keeping together is progress,  
 Working together is success”



**The Mentor's thoughts**

**Guidance in schools**

The world today is digitally driven, fast paced with an overload of information and distraction which unsettle the minds of the young growing generation. Myths and misconceptions about Guidance have to be dissolved to help our students march ahead towards human excellence. Guidance is not giving direction nor it is a thrust of one person's point of view upon another person.

Teachers, principals and school administrators need to understand the desperate need for Guidance today. It is supportive assistance by adequately trained and motivated teachers to help students to manage their own life activities, make decisions and solve problems, ultimately preparing them for self-empowerment.

Our Guidance and Extension of Guidance programmes for Sathya Sai School teachers and administrators caters to this need helping them and their students to progress personally, emotionally, mentally and socially along with the tenets of Sathya Sai Educare added to it.

- Dr. Mrs. Kalyani Sundararajan

**The core team speaks**

Guidance is the compass that navigates students through their educational and emotional journeys, fostering growth, self-awareness, and resilience. As teachers, our role is pivotal in shaping their paths, unlocking potential, and empowering them to thrive in life's complexities.

- Mrs. G. Lakshmi Saroja

Guidance involves creating an awareness of STRENGTHS and POTENTIAL of an individual through effective COMMUNICATION. Guidance in schools is an absolute Need of the Hour in order to mentor Young Minds. We teachers shoulder a HUGE RESPONSIBILITY in nurturing students. Guidance is a continuous, ongoing process.

- Mrs. Priya Rajwade

Guidance is a tool that empowers and equips teachers to become ideal Sai teachers and also lead their students in the Sai way. The Guidance programme has been a turning point towards my own individual transformation. The journey of preparation and presentations of various topics has made me more receptive and has helped me evolve as a better person.

- Mrs. J. Sai Laavanya

Guidance Programme is a journey of self-discovery — where teachers and students learn to listen within, act with compassion, and find harmony in daily life. In every interaction, it reaffirms that guidance is not given — it is shared through presence, patience, and love.

- Mrs. Ipshita Roychowdhury

### **Guidance and Communication (Training programme from July to November 2025)**

The training sessions were held online on the first and third Saturdays of every month. The following topics have been completed since July 2025.

- Watch your self talk
- Decluttering
- Anger management
- Adolescence
- Parenting
- Addiction
- Depression

The sessions had a profound impact on the teachers, inspiring them to apply the lessons in their own lives and share them with their students, ultimately contributing to a better society.

Following the completion of the five sessions, participants delivered engaging presentations showcasing their understanding of the content and the activities they had done for their students.

### **Expansion of the programme to Regional language (Odiya)**

As the programme progressed, the teachers from Odisha schools, felt the difficulty with language and were more comfortable in their native language. Hence separate sessions were planned for them in Odiya language on 2nd and 4th Saturdays by Mrs. Sudha, counsellor, Sri Sathya Sai Vidya Vihar, Visakhapatnam.

Glimpses of activities carried out by the participants in their respective schools



Centenary Celebrations at Prasanthi Nilayam



Hon'ble Prime Minister of India, Mr. Narendra Modi, visited Prasanthi Nilayam on 19th November 2025, as part of Bhagawan Sri Sathya Sai Baba's Centenary Celebrations "Students from the Sri Sathya Sai Vidya Vihar, Surat, performed a garba dance on the song, 'Mano Garbo Re Rame Raj Ne Darbar'







Pure love is the chief manifestation of education  
- Bhagawan Sri Sathya Sai Baba

